



**DPC**Healthcare™

We Create an Exceptional  
Healthcare Experience

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## Introduction

### A Return to the Family Doctor

Before the era of medical insurance, the family doctor was your first call when you or your child had a fever, twisted an ankle, or simply needed a checkup. Your doctor always made time for you, even after hours and on weekends. And if you were too ill to make it to the doctor's office, a house call was often the next logical step.

DPC Healthcare represents a welcome return to this highly personalized approach to primary care; incorporates today's technologies, therapies, and wellness strategies to keep you connected, informed, and inspired to maintain a healthy lifestyle.

### DPC Healthcare

DPC Healthcare combines personalized family medicine with 24/7 access to the medical team that knows more about your health than anyone. It's not health insurance — it's an affordable monthly membership that reins in healthcare costs while putting your wellness first. DPC Healthcare members enjoy all-inclusive, unlimited access to:

- Primary and Urgent Care Visits
- Well Child and Well Woman Exams
- Comprehensive Physical Exams
- Telemedicine
- House Calls (when medically necessary)
- In-Office Labs
- Physical Therapy
- Sports and Camp Physicals
- Adult and Pediatric Immunizations
- Chronic Disease Management
- Diabetes Management
- Remote Monitoring
- Nutrition Management
- Travel-Related Examinations
- Weight Management
- Preoperative Clearance

### Direct Primary Care is Nationwide

The Direct Primary Care (DPC) model has grown to over 1,500 DPC practices in 48 states, providing peerless access to primary care, and caring for over 250,000 patients. Many DPC practices target their membership exclusively to individual patients and families. A growing number of Direct Primary Care companies, such as DPC Healthcare, have the sophisticated business practices, reporting capabilities, and scalability to effectively partner with employers to incorporate DPC into employee health benefit plans. Studies have shown employers are able to reduce their total healthcare spend by up to thirty percent. These employers report significant improvements in their employees' health, wellness, satisfaction, and retention.

DPC Healthcare welcomes individuals, families, and companies of all sizes.



DPC Healthcare provides personalized, comprehensive health care focusing on wellness and prevention. As continuity and coordination of patient care is essential in meeting your healthcare needs, our physicians, physician assistants, medical assistants, and office staff work closely in a team approach to support your healthcare needs. The members of our team act as coaches who help you get healthy and stay healthy and provide the services that are right for you.



### **Anytime Access**

During the day or after hours, your medical team is within reach by phone, text, or email - with telemedicine sessions or house calls when necessary.



### **Inclusive Care**

From preventive care to management of chronic conditions like high blood pressure or diabetes, the monthly fee covers all care provided by your medical team.



### **People-Focused Locations**

When we partner with employers, we build clinics in neighborhoods convenient for your employees and their families. We also deliver care to your work site via DPC Healthcare's Mobile Clinic.



### **Significant Cost Savings**

DPC Healthcare can become a CFO's best friend by helping companies to decrease their total healthcare spend by up to 30% by including Direct Primary Care in their health benefit plan.



### **Secure, Seamless, Responsive Access**

The apps and technologies you'll use to breaks down all barriers and ensures you have access to your medical team anytime, any place.



### **Spruce Health**

The versatile Spruce app is your 24/7 connection to your medical team — from quick texts, to appointment scheduling, and video consultations. DPC Healthcare utilizes this technology to ensure you always have access to care, anywhere - anytime.